



## **Baserunning Approach**

Hustle.

Look for opportunities

Always be looking for a way to take the next bag.

Read dirt balls – if you see the catcher go to block, go for the next bag. This is a dirt ball read.

Is the pitcher not paying attention to runners? Take advantage.

You should always prefer to make a mistake being too aggressive rather than too scared.

Create opportunities! Force poor throws, make defenders rush, make pitchers worry.

Be aware of the situation

How many outs

What is the score (Is my run important?)

Where are we in the lineup?

Be aware of the defense

How deep is the OF playing?

How good are the arms of the outfielders?

How good is the catchers arm? The pitchers time to the plate?

Know how to run the plays

Know how to steal. (and shut it down on a poor jump!)

Know how to delay steal.

Know how to force balk.

If you miss a sign, ask for it again. Don't panic and guess.

Rules

Don't steal in hitters counts. (2-0, 3-1)

Don't make the first or third out at 3B.

Slide. Do not make us tell you this.

On a double play, force the defender at second base to make a bad throw. Do not hurt him, but slide into him and force an error.